







| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|--|---|---|
|  | <i>Fitness & Community Center:</i> <i>M-F: 5a to 10p</i> <i>Saturdays: 9a to 6p</i> <i>Sundays: 10a to 2p</i> | | Gibson-Bethel Community Center 5800 SW 66th St South Miami, FL 33143 305-668-3876 www.southmiamifl.gov | | ¹ Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Public Swim (12p-4p) Jazzercise (6:30p) Youth Basketball (6p) | ² Jazzercise (9:15a) Basketball (11a-6p) Public Swim (12p-4p) |
| ³ Jazzercise (10a) Open Gym (11a-2p) Public Swim (12p-4p) | ⁴ Community Center (10a-6p) Public Swim (12p-4p) Fourth of July Celebration @ Palmer Park 5-9:30pm  | ⁵ Ed's Bootcamp (5-10a) Jazzercise (8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p) | ⁶ Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Swim Lessons (8-10:30a) F.L.O.W. (9:30-2p) Water Aerobics (11a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p) Jazzercise (6:30p)  | ⁷ Ed's Bootcamp (5-10a) Jazzercise (8a) Swim Lessons (8-10:30a) Public Swim (12p-4p) Swim Lessons (4-7p) Youth Basketball (6p) | ⁸ Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Public Swim (12p-4p) Youth Basketball (6p) Jazzercise (6:30p) | ⁹ Jazzercise (9:15a) Basketball (11a-6p) Public Swim (12p-4p) |
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Programs and Classes - June 2016

Health and Fitness



Ed's Boot Camp: South Florida's oldest and most effective boot camp provider. Unlimited classes year round, no contracts, no registration fees. Equipment provided. Check out www.edsbootcamp.com or call 305-613-9920.

Kickbox Rx: By combining the elements of kickboxing, strength training and core conditioning that guarantee results. Check out www.kickboxrx.com or call 305-613-9920.



Jazzercise: A pulse-pounding, beat-pumping fitness program that gets you results fast. Check out www.jazzercise.com for more information or call 305-666-5457.

TENNIS LESSONS, & MORE!

Sign up for private lessons, reserve a court for your own play, take a class or join in the after school tennis program at Dante Fascell Park. For more information call the Tennis office at 305-666-8680 or email parks@southmiamifl.gov.

WATER AEROBICS

Water Aerobics classes are every Monday and Wednesday at Murray Park Aquatic Center, 6701 SW 58th Place, from 11:00a to 11:45a. Register for the whole month for \$35 or try out one class for \$10. Build cardiovascular fitness and increase muscle strength without the impact on your joints. See you at the pool!

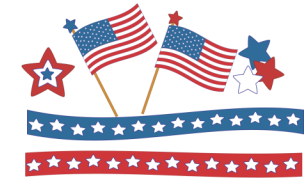


F.L.O.W. is Here!

Florida License On Wheels will be at the Gibson-Bethel Community Center on 7/6/16. Renew a license, obtain a replacement license, change an address, get an ID card, or renew vehicle registration.



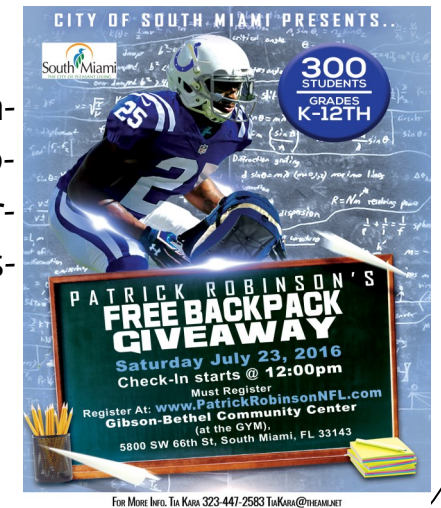
July Events



Fourth of July Celebration: The annual 4th of July Celebration will held at Palmer Park located at 6100 SW 67th Ave. The event will begins at 5:00 PM and features live bands, concessions, a kid's zone, and end with a spectacular fireworks display show at 9:00 PM.

Backpack Giveaway: Come out to the Gibson-Bethel Community Center on Saturday July 23rd at 12pm to meet football player, Patrick Robinson and get a free backpack to start the new school year right! In order to receive a backpack **YOU MUST REGISTER** for the event. Register at www.patrickrobinsonnfl.com.

Call 305-668-3873 or email parks@southmiamifl.gov for more information about events happening in July.



GROUP & PRIVATE SWIM LESSONS!

Sign up for swim lessons with The City of South Miami. Group lessons and private lessons available Monday through Friday. To view the class schedule and registration form [click here](#), call 305-668-3876, or come to the Gibson-Bethel center and pick up an Aquatics Information Booklet.



Soccer & Basketball Programs

Youth Soccer: In partnership with South Miami United F.C., the city provides recreational and travel soccer programs for ages four and up. Children can learn, and enjoy soccer in a program that emphasizes the value of sportsmanship and teamwork. Check out www.smufc.net or call 305-608-3182 for more information.



Miami Basketball: miamibasketball.net is starting up again and Spring league registration is now open! Practice is at the community center and times vary based on age and skill level. Call 786-205-5198 or check out www.miamibasketball.net to register.